

DIE WOLWESPOOR

KWARTAAL 1:5 / TERM 1:5



2026

**HOËRSKOOOL
FERDINAND POSTMA
HIGH SCHOOL**

DIE ALFA-VERSLAG



Beste Ouers en Ferdie-gemeenskap

Baie dankie vir u volgehoue ondersteuning en samewerking gedurende die afgelope twee besonder besige en uitdagende weke. By Ferdies was daar weer aktiwiteite op talle terreine, en ons is dankbaar vir die betrokkenheid van ons ouers en leerders.

Die toetsperiodes is volstoom aan die gang en daar is met ywer en toewyding in die klaskamers gewerk. Ons is trots op ons leerders se ingesteldheid en harde werk in hierdie belangrike akademiese tyd.

Op sportgebied het ons leerders hulself uitstekend van hul taak gekwyd. Ons boogskietspan het skitterende prestasies behaal, terwyl ons swemmers ook hul staal in die swembad gewys het. Ons rugbyspanne het hul eerste oefenwedstryde vir die jaar aangepak, en ons hokkiespanne het mooi prestasies gelewer tydens onlangse vriendskaplike toernooie. Baie geluk aan al ons sportspanne en afrigters.

Ongelukkig moes die skool vir 'n kort tydperk sluit weens 'n buitengewone hoë afwesigheidskoers en griepverwante siektes. Ek glo dit was 'n verantwoordelike en nodige besluit om verdere verspreiding te beperk. Volgens ons mees onlangse opname het 165 leerders aangedui dat hulle griepverwante simptome ervaar het, waarvan 68 reeds deur 'n dokter gediagnoseer is. Ons is dankbaar dat baie leerders reeds besig is om te herstel.

Ons doen 'n vriendelike, maar dringende beroep op ouers om asseblief u kind tuis te hou indien hy of sy siek is. Op hierdie wyse kan ons saamwerk om die gesondheid en welstand van ons hele skoolgemeenskap te beskerm.

Die komende week is weer eens 'n uitdagende een, met die afhandeling van die oorblywende kwartaaltoetse, asook die afskop van die eerste wedstryde in die Bayer-reeks teen Christiana op Woensdag, 25 Maart om 14:00. Ons nooi u hartlik uit om u kind en ons spanne te kom ondersteun. Dit sal wonderlik wees om u langs die bane en velde te sien.

Verder herinner ek u vriendelik aan die BL-tussenverkiesing wat op 9 April 2026 plaasvind. Nominasies sluit op Vrydag, 27 Maart om 10:00.

Neem asseblief kennis dat die skool ook op 27 Maart om 10:00 sluit.

Baie dankie vir u voortdurende betrokkenheid en ondersteuning. Saam bou ons aan 'n sterk en suksesvolle skoolgemeenskap.

Ferdie-groete.


Morne Smit
Skoolhoof



THE ALPHA REPORT



Dear Parents and Ferdie Community

Thank you very much for your continued support and cooperation over the past two particularly busy and challenging weeks. At Ferdies, there has once again been activities across many areas, and we are grateful for the involvement of our parents and learners.

Our test series is in full swing, and diligent, dedicated work has been taking place in the classrooms. We are proud of our learners' attitudes and hard work during this important academic time.

In the sporting arena, our learners have performed exceptionally well. Our archery team achieved outstanding results, while our swimmers also proved their ability in the pool.

The rugby teams played their first practice matches of the year, and our hockey teams delivered good performances at recent friendly tournaments. Congratulations to all our sports teams and coaches.

Unfortunately, the school had to close for a short period due to an exceptionally high absentee rate and flu-related illnesses. I believe this was a responsible and necessary decision to limit further spread. According to our most recent survey, 165 learners indicated that they had experienced flu-related symptoms, of whom 68 have already been diagnosed by a doctor. We are grateful that many learners are already recovering. We make a friendly but urgent appeal to parents to please keep your child at home if he or she is ill. In this way, we can work together to protect the health and well-being of our entire school community.

This coming week is once again a demanding one, with the completion of the remaining term tests. It is also the start of the first matches in the Bayer series against Christiana on Wednesday, 25 March at 14:00. We warmly invite you to come and support your child and our teams. It would be wonderful to see you next to the fields and courts.

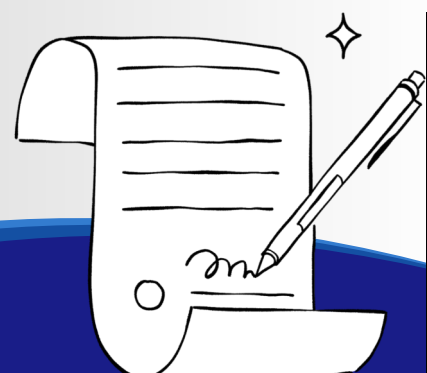
Furthermore, I would like to kindly remind you of the SGB by-election taking place on 9 April 2026. Nominations close on Friday, 27 March at 10:00.

Please also take note that the school will close at 10:00 on 27 March.

Thank you for your continued involvement and support. Together, we are building a strong and successful school community.

Ferdie greetings


Morné Smit
Principal



KENNISGEWING: NOMINASIES VIR DIE 2026 SBL-TUSSENTYDSE VERKIESING

Nominasies kan vooraf tot en met
Vrydag, 27 Maart 2026, gemaak word.
Forms is by ontvangs beskikbaar.

NEEM KENNIS: nominasies deur middel van e-pos ontvang,
kan nie aanvaar word nie. U moet die oorspronklik vorm
teken en by ontvangs inhandig.

NOMINASIES



NOTICE NOMINATIONS FOR THE 2026 SGB BY-ELECTIONS

Nominations can be made in advance up
to and including Friday, 27 March 2026.
Forms are available at reception.

TAKE NOTE: nominations received by e-mail will not be
accepted. You have to complete and submit the original
signed form at reception.

NOMINATIONS



HOËRSKOOI FERDINAND POSTMA TUSSENTYDSE BEHEERLIGGAAM- VERKIESING

09 APRIL 2026

06:30 - 17:30

VOTE

Ons doen 'n beroep
op ouers en wettige
voogde om asseblief
in persoon te kom
stem. Bring asb. u
ID saam



! VOLDAGVERKIESING

Plek: Hoërskool Ferdinand Postma
SETH-saal

FERDINAND POSTMA HIGH SCHOOL SCHOOL GOVERNING BODY BY-ELECTION

09 APRIL 2026

06:30 - 17:30

VOTE

We appeal to all
parents and
guardians to please
come and vote in
person. Please bring
along your ID



! FULL DAY ELECTION

Place: Ferdinand Postma High
School - SETH-hall

WEEKLY HOWL

Opkomende gebeure
Upcoming events



TOETSROOSTER / TEST TIMETABLE

WEEK

23/03/2026 - 26/03/2026

Gr	MA / MO 23 MRT	DI / TUE 24 MRT	WO / WED 25 MRT	VR / FRI 27 MRT
8	EBW (BS) / EMS (BS)		Wisk / Maths	
9		SW (Ges) / SS (Hist)		
10	Toer / Tour	LW / LS	Wisk & Gel / Maths & MLit	
11	PS / FW & Toer / Tour	GEO	Verb / Cons & Rek / Acc	FW PS
12	PS / FW & Wisk Gel / MLit	Wisk & Gel / Maths & MLit	Verb / Cons IT & Rek / Acc	

WEEKLY HOWL

Opkomende gebeure
Upcoming events



23

MAANDAG / MONDAY
MAART / MARCH

Tyd / Time: T

Toetsdag / Test day

Periodes ruil / Periods change: 1, 2, 3, P, 4, 6, 7, 5
14:30 - 17:30 Ferdies-shake-your-talent (oudisies / auditions)

24

DINSDAG / TUESDAY
MAART / MARCH

Tyd / Time: T

Toetsdag / Test day

25

WOENSDAG / WEDNESDAY
MAART / MARCH

Tyd / Time: T

Toetsdag / Test day

SPORT: FERDIES VS CHRISTIANA (TUIS/HOME)

26

DONDERDAG / THURSDAY
MAART / MARCH

Tyd / Time: P

DETENSIE / DETENSION

07:00 - BL-Dagbestuur

17:30 - 18:30 - Praise & Worship (Fire & Fragrance)

18:00 - FK-vergadering

27

VRYDAG / FRIDAY
MAART / MARCH

Tyd / Time: ST

SKOOL SLUIT / SCHOOL CLOSES

Interact - FUN RUN

Seunshokkie vriendskaplik / Boys Hockey friendly vs
HS Waterkloof (Weg / Away)

Dogtershokkie: 1st Division NW-liga / Girls Hockey:
Ferdies vs Lebone (Tuis / Home)



WEEKLY HOWL

Opkomende gebeure
Upcoming events



DATUM DATE	GRAAD GRADE	TYD TIME	SESSIE SESSION	LOKAAL VENUE
Ma. 23 Maart	Gr. 8 (Groep 2)	13:30 - 15:50	Wiskunde in die Natuur / Mathematics in Nature	Botaniese Tuine/ Botanical Gardens
	Gr. 8 (Group 1)	14:00 - 15:50	Nooddienste / Emergency Services	T4
	Gr. 9	14:00 - 15:50	Arbeidsverhoudinge oorsig / Labour Relations overview	T2
Tues. 24 March	Gr. 10	14:00 - 14:50	Lees / Reading	K51
	Gr. 10	15:00 - 15:50	Wiskunde / Mathematics	K37
	Gr. 10	15:00 - 15:50	Alpha Wiskunde/ Alpha Mathematics	T1
	Gr. 11	13:30 - 15:50	CFAM-besoek / CFAM visit	CFAM
	Gr. 12	15:00 - 15:50	Alpha Wiskunde / Alpha Mathematics	Labklas
Wo. 25 Maart	Gr. 8 (1) & (2)	14:00 - 14:50	Wiskunde / Mathematics	T4
	Gr. 8 (3)	14:00 - 14:50	Wiskunde / Mathematics	T1
	Gr. 9	14:00 - 14:50	Wiskunde / Mathematics	K37

WEEKLY HOWL

Opkomende gebeure
Upcoming events



DATUM DATE	GRAAD GRADE	TYD TIME	SESSIE SESSION	LOKAAL VENUE
Thurs. 26 March	Gr. 10	13:30 - 15:50	Kadawer Lab-besoek / Kadaver Lab visit	NWU
	Gr. 11	14:00 - 14:50	Lees / Reading	K51
	Gr. 11	15:00 - 15:50	Wiskunde / Mathematics	T1
	Gr. 11	15:00 - 15:50	Alpha Wiskunde / Alpha Mathematics	Labklas Lab class
	Gr. 12	14:00 - 15:50	Refleksie / Reflection	T47

WEEKLY HOWL

Blokkrooster



KWARTAAL 1/ TERM 1 - 2026		KWARTAAL 1/ TERM 1 - 2026	
TYD/ TIME	MAANDAG/MONDAY	TYD/ TIME	DINSdag/TUESDAY
14:00-14:50 [Blok/Block 1]	GR.8 - SETH Opsie 1 /Option 1 [N. Kühn; J. Walstrand; N. Botma] GR.9 - SETH Opsie 1 & 4/ Option 1 & 4 [A. Knoesen] GR.10 - Wisk. Ekstra/ Maths Extra [M. de Wet] GR.11 - Wisk. Ekstra/ Maths Extra [J. Erasmus] GR.12 - Wisk. Ekstra/ Maths Extra (Eng) [M. Rush]	14:00-14:50 [Blok/Block 1]	GR.10 - SETH Opsie 1 & 2/Option 1 & 2 (Verryking/ Enrichment) [N. Kühn] GR.11 - SETH Opsie 1 & 4/ Option 1 & 4 [J. Walstrand] GR.12 - RIT Ekstra/CAT Extra (Groep 1) [S. Dupper] GR.12 - Rek. Ekstra / Acc. Extra [C. Uys] GR.8-9 - Eng. Olympiad [C. Roux] GR.8-9 - Rugby (o/15) [W. Heyneke] GR.8-9 - Netbal/ Netball [M. Thaele (o/14); M. Fourie; M. Smit (o/15)]
15:00-15:50 [Blok/Block 2]	GR.8 - SETH Opsie 1 /Option 1 [N. Kühn; J. Walstrand; N. Botma] GR.9 - SETH Opsie 1 & 4/ Option 1 & 4 [A. Knoesen] GR.12 - LW Ekstra/ LS Extra [S. Meiring] GR.10-12 - Eng. Olympiad [C. Roux] GR.10-12 - Rugby (1stes) [L. Pelser; D. Weyers] GR.10-12 - Netbal/ Netball [C. Uys (1stes); S. Delport (2des); L. Rossouw (3des)] GR.10-12 - Meisies hokkie /Girls hockey [M. Botha (1stes)] GR.10-12 - Seunshokkie/ Boys hockey [M. Rush (1stes)]	15:00-15:50 [Blok/Block 2]	GR.10 & 12 - SETH Opsie 1, 2 & 3/Option 1, 2 & 3 (Verryking/ Enrichment) [W. Odendaal] GR.11 - SETH Opsie 1 & 4/ Option 1 & 4 [J. Walstrand] GR.12 - RIT Ekstra/CAT Extra (Groep 2) [S. Dupper] GR.8-12 - Skaak/ Chess [J. Richards] GR.8-9 - Netbal/ Netball [M. Thaele (o/14); M. Fourie; M. Smit (o/15)] GR.8-9 - Rugby (o/15) [W. Heyneke] GR.8-9 - Dogtershokkie/ Girls hockey (o/15) [S. Meiring] GR.8-9 - Seunshokkie/ Boys hockey (o/15) [S. du Plessis] GR.8-12 - Eng. Play [C. Roux; K. Labuschagne]
16:00-16:50 [Blok/Block 3]	GR.8-12 - Landloop/Cross-country [J. Rosin] GR.10-12 - Netbal/ Netball [C. Uys (1stes); S. Delport (2des); L. Rossouw (3des)] GR.10-12 - Rugby (1stes) [L. Pelser; D. Weyers] GR.10-12 - Meisies hokkie /Girls hockey [M. Botha (1stes)] GR.10-12 - Seunshokkie/ Boys hockey [M. Rush (1stes)] GR.8-12 - Boogskiet / Archery [W. Odendaal] GR.8-12 - Afr. Toneel [M. de Wet; L. Rossouw]	16:00-16:50 [Blok/Block 3]	Gr.8-12 - Eng. Play [C. Roux; K. Labuschagne] Gr.8-12 - Eng. Debate [M. Thaele] GR.8-12 - Skaak/ Chess [J. Richards] GR.8-9 - Dogtershokkie/ Girls hockey (o/15) [S. Meiring] GR.8-9 - Seunshokkie/ Boys hockey (o/15) [S. du Plessis] GR.8-12 - Landloop/ Cross country [J. Rosin]
17:00-17:50 [Blok/Block 4]	GR.8-12 - Afr. Toneel [M. de Wet; L. Rossouw] GR.8-12 - Boogskiet / Archery [W. Odendaal] tot 17:30	17:00-17:50 [Blok/Block 4]	Gr.8-12 - Eng. Debate [M. Thaele] to 17:30

WEEKLY HOWL

Activities Timetable



KWARTAAL 1/ TERM 1 - 2026		KWARTAAL 1/ TERM 1 - 2026	
TYD/ TIME	WOENSDAG/WEDNESDAY	TYD/ TIME	DONDERDAG/THURSDAY
14:00-14:50 [Bloek/Bloek 1]	GR.8 & 9 - SETH Opsie 1 & 2/Option 1 & 2 (Wiskunde) [B. Watermeyer] GR.11 - Wiskunde Ekstrasias/Mathematics Extra classes (Afr & Eng) [J. Erasmus] GR.12 - FW Ekstra/PS Extra (Afr & Eng) [M. Boshoff]	14:00-14:50 [Bloek/Bloek 1]	GR.10 & 12 - SETH Opsie 1 & 4/ Option 1 & 4 [J. Erasmus; S. Strydom] GR.11 - SETH Opsie 1 & 2/Option 1 & 2 (Verryking/ Enrichment) [N. Kuhn] GR.12 - LW Ekstra/ LS Extra [S. Meiring] GR.8-9 - Netbal/ Netball [M. Thaele (o/14); M. Fourie; M. Smit (o/15)] GR.8-12 - Landloop / Cross-country [J. Rosin]
15:00-15:50 [Bloek/Bloek 2]	GR.10-12 - Meisies hokkie /Girls hockey [M. Botha (1stes)] GR.10-12 - Netbal/ Netball [C. Uys (1stes); S. Delpont (2des); L. Rossouw (3des)] GR.10-12 - Rugby (1stes) [L. Pelser; D. Weyers] GR.10-12 - Seunshokkie/ Boys hockey [M. Rush (1stes)]	15:00-15:50 [Bloek/Bloek 2]	GR.10 & 12 - SETH Opsie 1 & 4/ Option 1 & 4 [J. Erasmus; S. Strydom] GR.11 - SETH Opsie 1,2 & 3/Option 1, 2 & 3 (Verryking/ Enrichment) [W. Odendaal] GR.8-9 - Netbal/ Netball [M. Thaele (o/14); M. Fourie; M. Smit (o/15)] GR.8-9 - Rugby (o/15) [W. Heyneke] GR.8-9 - Dogtershokkie/Girls hockey (o/15) [S. Meiring] GR.8-9 - Seunshokkie/ Boys hockey (o/16) [S. du Plessis]
16:00-16:50 [Bloek/Bloek 3]	GR.10-12 - Netbal/ Netball [C. Uys (1stes); S. Delpont (2des); L. Rossouw (3des)] GR.10-12 - Rugby (1stes) [L. Pelser; D. Weyers] GR.10-12 - Meisies hokkie /Girls hockey [M. Botha (1stes)] GR.10-12 - Seunshokkie/ Boys hockey [M. Rush (1stes)] GR.8-12 - Eng. Play [C. Roux; K. Labuschagne]	16:00-16:50 [Bloek/Bloek 3]	GR.8-12 - Eng. Debate [M. Thaele] GR.8-9 - Rugby (o/15) [W. Heyneke] GR.8-9 - Dogtershokkie/Girls hockey (o/15) [S. Meiring] GR.8-12 - Boogskiet / Archery [W. Odendaal] GR.8-9 - Seunshokkie/ Boys hockey (o/16) [S. du Plessis] GR.8-12 - Interact [J. Rosin & L. Rossouw]
17:00-17:50 [Bloek/Bloek 4]	GR.8-12 - Koor [C. Ford] 17:30 tot 19:00 GR.8-12 - Eng. Play [C. Roux; K. Labuschagne]	17:00-17:50 [Bloek/Bloek 4]	GR.8-12 - Eng. Debate [M. Thaele] to 17:30 GR.8-12 - Boogskiet / Archery [W. Odendaal] tot 17:30

TROPSAKE PACK MATTERS



SETH: Graad 8 – Aviatech-besoek

Die graad 8 SETH-leerders het die Aviatech Flight Academy besoek. Hulle het meer van lugvaart geleer en wat dit vereis om 'n vlieënier te word. Die leerders het die geleentheid gekry om die vliegtuie van naby te besigtig. Dankie meneer Gerhard Jacobs wat jaarliks hierdie sessie vir die SETH-leerders moontlik maak.

SETH: Grade 8 – Aviatech visit

The grade 8 SETH learners visited the Aviatech Flight Academy. They learned more about aviation and what it takes to become a pilot. The learners got the opportunity to see the planes from close by. Thank you Mr Gerhard Jacobs who makes this session possible for the SETH learners each year.



TROPSAKE PACK MATTERS



SETH: Graad 8 – Wiskunde in musiek

Die graad 8 SETH-leerders het 'n sessie gehad waar hulle kon sien dat wiskundige beginsels soos breuke, selfs in musiek toegepas word. Hulle het in kleiner groepies verdeel om musiek, met verskillende kleure Boomwhackers te maak. Die wengroep was met ysies beloon



SETH: Grade 8 – Mathematics in music

The grade 8 SETH learners had a session where they could see that even in music, mathematical principles such as fractions are applied. The learners divided into smaller groups to make music with different coloured Boomwhackers. The winning group was rewarded with ice lollies



TROPSAKE PACK MATTERS



SETH: Graad 8 (Groep 1) - Botaniese Tuine

Die graad 8 SETH-leerders het 'n interessante sessie by die NWU se Botaniese Tuine gehad. Die leerders het die geleentheid gekry om voorbeelde in die natuur te vind wat die Fibonacci-patroon illustreer. Die sessie is daarop gemik om vir leerders te wys dat wiskunde selfs in die natuur gevind kan word. Baie dankie Dr. Mariëtte Hitge vir die kennis wat u aan die leerders oorgedra het. Die SETH-Akademie waardeer u tyd en volhoubare betrokkenheid by die program.



SETH: Grade 8 (Group 1) - Botanical Garden



The grade 8 SETH learners had an interesting session in the NWU Botanical Gardens. The learners had the opportunity to find examples in nature that illustrate the Fibonacci sequence. The session aimed to show learners that Mathematics can even be found in nature. Thank you, Dr Mariëtte Hitge, for the knowledge you have imparted to the learners. The SETH Academy appreciates your time and continued involvement in the programme.



TROPSAKE PACK MATTERS



SETH: Graad 8 (Groep 2) - Nooddienste (Brandweer)

Die graad 8 SETH-leerders het 'n opwindende sessie oor nooddienste gehad. Mnr. Adelino Alfredo Paulino het vir die leerders meer van brandbestryding vertel en wat dit behels om 'n brandbestryder te wees. Daarna het die leerders die geleentheid gekry om in 'n brandweerwa te klim en te kyk na die gereedskap en brandbestrydingstoestelle wat gebruik word. Baie dankie aan Mnr. Leroy Pretorius wat die sessie op baie kort kennisgewing moontlik gemaak het. Die SETH-Akademie waardeer dit baie!

SETH: Grade 8 (Group 2) - Emergency Services (Fire Department)

The grade 8 SETH learners had an exciting session on Emergency Services. Mr Adelino Alfredo Paulino told the learners more about firefighting and what it means to be a firefighter. The learners then had the opportunity to get into a fire truck and look at the tools and firefighting equipment used. Many thanks to Mr Leroy Pretorius who made the session possible at very short notice. The SETH Academy appreciates it very much!



TROPSAKE PACK MATTERS

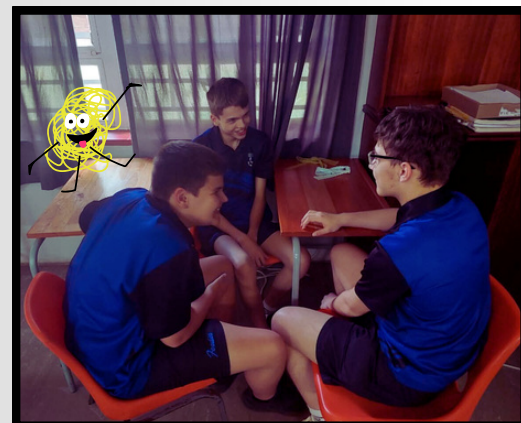


SETH: Graad 9 – Emosionele Intelligensie

Dié sessie het hulle die geleentheid gegee om introspeksie te doen, maar ook om meer van mekaar te leer. Die leerders vind meer uit oor die belangrikheid van emosionele selfregulering wat hulle op verskeie gebiede van hulle lewens kan toepas. Dankie mnr. Marinus Bell dat jy jaarliks ons leerders bemagtig met jou kennis en ervaring! Jy is waardevol vir die SETH-Akademie.

SETH: Grade 9 – Emotional Intelligence

This session gave them the opportunity to do introspection, but also to learn more about each other. The learners gained knowledge about the importance of emotional self-regulation which they can apply to various areas of their lives. Thank you Mr Marinus Bell for empowering our learners with your knowledge and experience every year! You are valuable to the SETH Academy.



TROPSAKE PACK MATTERS



SETH: Graad 10 – Noodhulpkursus

Die graad 10 SETH-leerders het 'n praktiese noodhulpkursus ondergaan. Hulle het na die voltooiing van dié kursus 'n sertifikaat ontvang, wat hulle instaat stel om basiese noodhulpvaardighede toe te pas. Hulle het ook geleer hoe belangrik dit is om heel eerste jou eie veiligheid te verseker, wanneer noodhulp toegepas word. Dankie aan mevrou Annika Smith vir hierdie waardevolle sessie!

SETH: Grade 10 – First Aid Course

The grade 10 SETH learners underwent a practical First Aid training course. After completing this course, they received a certificate that enables them to apply basic first aid skills. They also learned how important it is to ensure your own safety first when applying first aid. Thank you to Mrs Annika Smith for the valuable course!



TROPSAKE PACK MATTERS



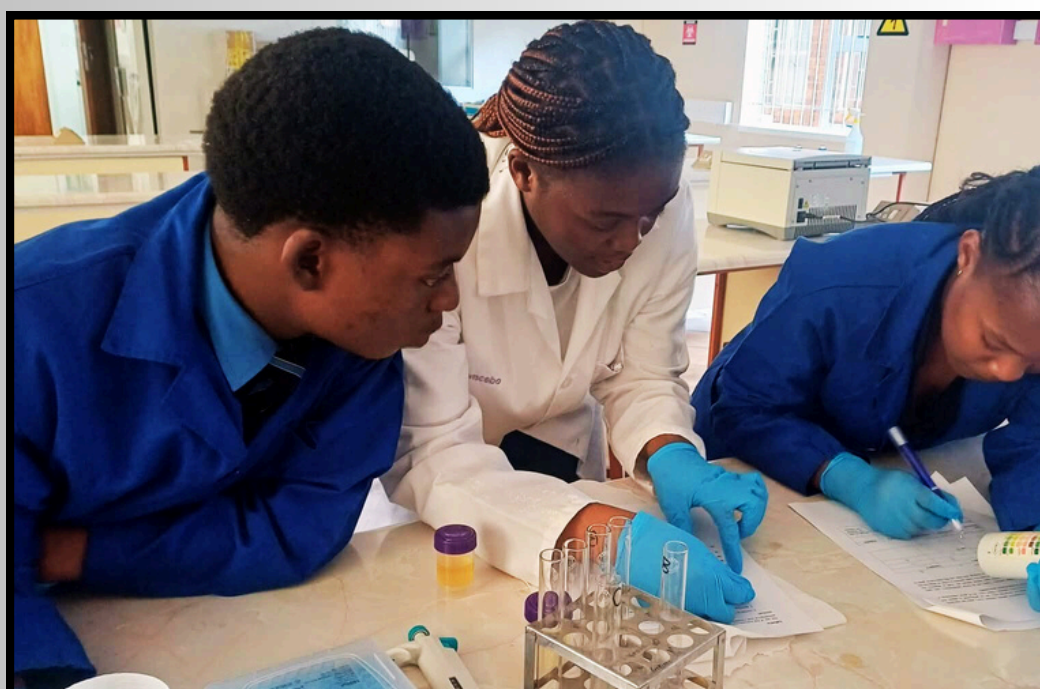
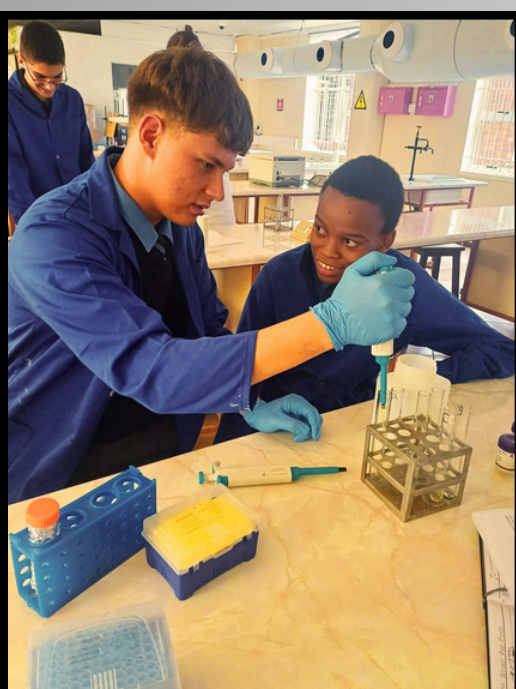
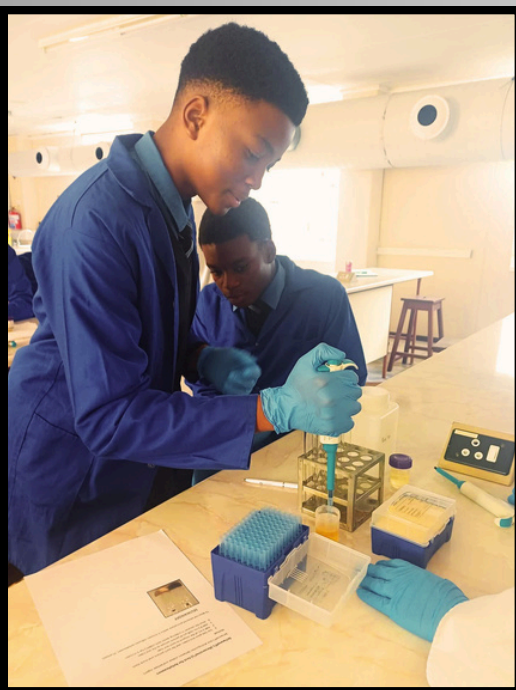
SETH: Graad 11- Biochemie #2

Die graad 11 SETH-leerders het 'n interaktiewe biochemie-sessie gehad! By hierdie sessie het hulle meer van metaboliese versteurings geleer. Hulle moes 'n diagnose vanuit urinemonsters, wat hulle ontvang het, maak. Ons sê baie dankie aan prof. Lindeque en sy span wat hierdie sessie moontlik gemaak het.

SETH: Grade 11 – Biochemistry #2



The grade 11 SETH learners had an interactive Biochemistry session where they learned more about metabolic disorders. They had to make a diagnosis from “urine samples” they received. We would like to thank Prof. Lindeque and his team for making this session possible.



TROPSAKE PACK MATTERS

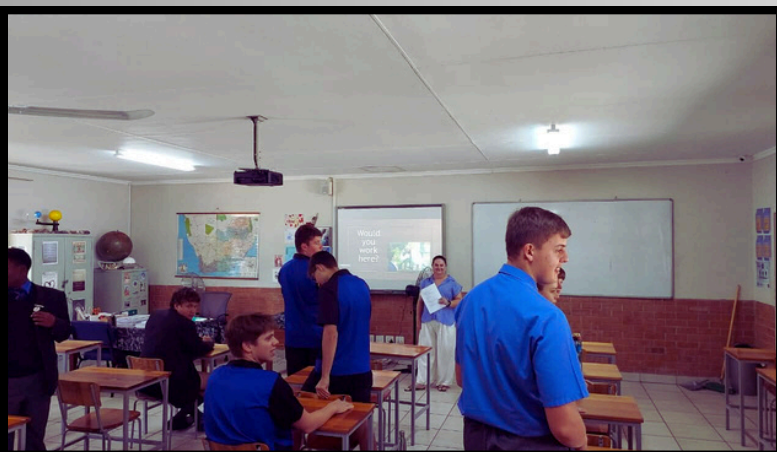


SETH: Graad 11- Inleiding tot arbeidsverhoudinge

Die graad 11 SETH-leerders het meer van arbeidsverhoudinge uitgevind. Mevrouw Carina Linde van Negotia Labour Practitioners, het vir die leerders vertel wat arbeidsverhoudinge in die praktiese sin van die woord beteken. Sy het ook meer van arbeidsverhoudinge as 'n studierigting vertel.

SETH: Grade 11 – Labour Relations

The grade 11 SETH learners found out more about Labour Relations. Mrs Carina Linde from Negotia Labour Practitioners, explained to the learners what labour relations mean in the practical sense of the word. She also told them more about labour relations as a field of study.



TROPSAKE PACK MATTERS

Canva

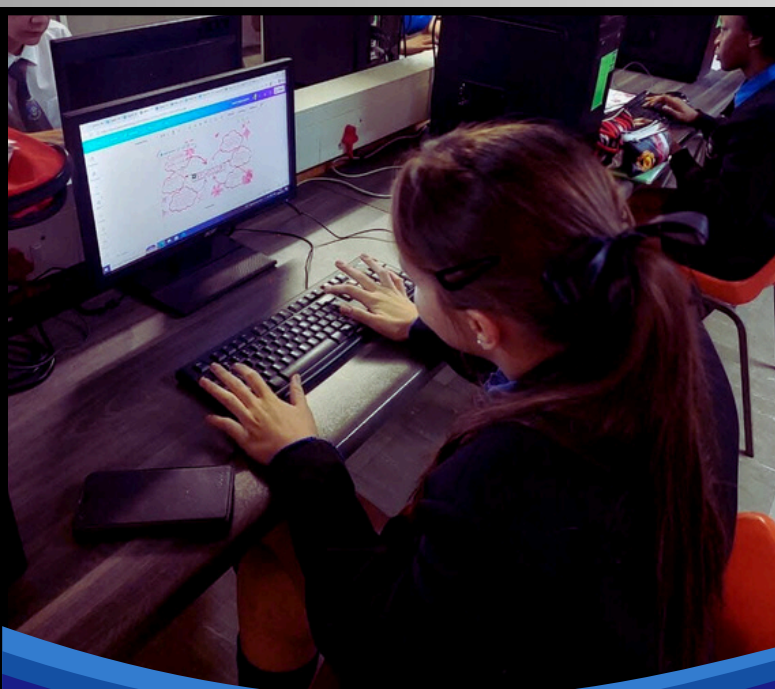


SETH: Graad 12 – CANVA-sessie

Die graad 12 SETH-leerders het 'n kreatiewe Canva-sessie gehad. Tydens die sessie het hulle ondermeer geleer hoe om 'n CV visueel meer indrukwekkend te maak. Baie dankie aan Me. Valerie Potgieter vir jou moeite en dat jy jou kennis met die leerders gedeel het.

SETH: Grade 12 – CANVA session

The grade 12 SETH learners had a creative Canva session. During the session, they learned, among other things, how to make a CV more visually impressive. Thank you Ms Valerie Potgieter, for your effort and for sharing your knowledge with the learners.



TROPSAKE PACK MATTERS



SETH: Graad 12 - Effektiewe Kommunikasie

Die graad 12 SETH-leerders het hulle tweede sessie in dié reeks gehad. Dié sessie het die leerders bewus van hulle sosiale media teenwoordigheid- en voetspoor gemaak. Dr. Anette Degenaar en haar span het die leerders ook daaraan herinner dat werkgevers sosiale media gebruik om informele agtergrondstudies van potensiële werknemers te doen. Die wyse waarop jy jouself op sosiale media voorstel, het langtermyn gevolgswat positief of negatief kan wees. Ons wil graag die NWU se Skool vir Kommunikasiekunde vir nog 'n waardevolle sessie bedank.

SETH: Grade 12 – Effective Communication

The grade 12 SETH learners had their second session in this series. This session made the learners aware of their social media presence and footprint. Dr Anette Degenaar and her team also reminded the learners that employers use social media to conduct informal background checks of potential employees. The way you present yourself on social media has long-term consequences which can be positive or negative. We would like to thank the NWU's School of Communication Sciences for another valuable session.



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NOORDWES-KAMPIOENSKAPPE

Sterkte aan ons atlete wat in die Dr. Kenneth Kaunda-span opgeneem is, wat die naweek aan die Noordwes-kampioenskappe gaan deelneem!

Ons is ongelooflik trots op elkeen van julle wat die geleentheid, om ons streek te verteenwoordig, verdien het.

Julle harde werk, deursettingsvermoë en toewyding is 'n inspirasie vir die hele skool. Gee julle beste en geniet elke oomblik – Ferdies staan trots agter julle!



NORTH WEST CHAMPIONSHIPS

Good luck to our athletes who will be competing this weekend as part of the Dr Kenneth Kaunda team at the North West Championships!

We are incredibly proud of each of you who has earned the opportunity to represent our region. Your hard work, perseverance, and dedication are an inspiration to the entire school.

Give it your best and enjoy every moment – Ferdies stands proudly behind you!

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NOORDWES-KAMPIOENSKAPPE PRESTASIE

Baie geluk aan ons Ferdies-atlete wat puik by die Noordwes-kampioenskappe presteer het! Julle harde werk en deursettingsvermoë het vrugte afgewerp en ons is ongelooflik trots op julle prestasies.

Tirelo Mgqamqo – 3de plek in driesprong
Karl Engles – 3de plek in diskus
Nteboheng Moshooliba – 3de plek in diskus

Ferdies is ongelooflik trots op julle. Julle verteenwoordig elke keer die skool met trots.

NORTH WEST CHAMPIONSHIPS PERFORMANCE

Congratulations to our Ferdies athletes who performed exceptionally well at the North West Championships!

Your hard work and perseverance have paid off, and we are incredibly proud of your achievements.

Tirelo Mgqamqo – 3rd place in Triple Jump
Karl Engles – 3rd place in Discus
Nteboheng Moshooliba – 3rd place in Discus

Ferdies is incredibly proud of you – you represent the school with pride every time!



TROPSAKE PACK MATTERS

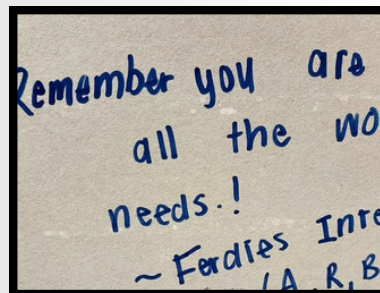


FERDIES SE INTERACT MAAK 'N VERSKIL!

Ferdies-Interact het Mooimed-hospitaal besoek om briewe van bemoediging aan pasiënte én personeel te oorhandig.

Ons het ook die geleentheid gehad om boodskappe van waardering op 'n muur vir die personeel, wat elke dag lang ure werk om ander te versorg, te skryf.

Dankie dat julle 'n verskil maak, Ferdies!



FERDIES INTERACT MAKES A DIFFERENCE!

Ferdies Interact visited Mooimed Hospital to deliver letters of encouragement to both patients and staff.

We also had the opportunity to write messages of appreciation on a wall for the staff members who work long hours every day caring for others.

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FERDIES DEBAT

Ferdies se debatspanne was hierdie naweek besig en baie suksesvol!

Ons senior span het 'n uitstekende vertoning gelewer deur al drie hul debatte, sowel as die finaal, te wen. Hierdie prestasie toon hul deeglike voorbereiding en goeie spanwerk!

Die junior span het ook puik presteer deur twee uit hul drie debatte te wen. Hulle het sterk en goed gestruktureerde argumente deur die kompetisie aangebied.

Baie geluk aan albei spanne wat Ferdies met soveel uitnemendheid verteenwoordig het. Ons is ongelooflik trots op julle prestasies!



FERDIES DEBATE

Ferdies' debating teams had a busy and successful weekend!

Our senior team delivered an outstanding performance, winning all three of their debates and the final, showcasing exceptional preparation, confidence, and teamwork.

The junior team also performed admirably, winning two out of their three debates and presenting strong, well-structured arguments throughout the competition.

Well done to both teams for representing Ferdies with such excellence. We are incredibly proud of your achievements!

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FERDIES-RUGBY

Ferdies-rugby was bevoorreg om hierdie naweek teen Livingstone Kolobeng College kragte te meet!

Die dag was met kompeterende en goeie rugby gevul. Dit was 'n uitstekende geleentheid om waardevolle voorbereiding vir die seisoen wat voorlê, te doen! Die manne het met trots gespeel en gewys dat daar groot opgewondenheid vir die jaar se rugby is!



FERDIES RUGBY

Ferdies Rugby was privileged to face Livingstone Kolobeng College this weekend!

It was a day of good, competitive rugby and a great opportunity for valuable preparation for the season ahead.

The boys played with pride and showed that there is great excitement for what lies ahead on the field this year!

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FERDIES-BOOGSKIET

Ferdies het hul staal by Buffelspoort gewys!

Ferdies se boogskietskuts het hul uitstekend van hul taak by die boogskietkompetisie, wat by Buffelspoort gehou is, gekwyt.

Hulle het 'n skitterende 4de plek uit 9 hoërskoolspanne, met 'n indrukwekkende totaal van 3206/3600, behaal.

Baie geluk aan David Knoetze wat 'n perfekte telling van 50 geskiet het! Dit is 'n uitstekende prestasie!



TROPSAKE PACK MATTERS



FERDIES ARCHERY

Ferdies shows their strength at Buffelspoort!

Hoërskool Ferdinand Postma's archers performed exceptionally well at the archery competition held at Buffelspoort this past weekend. Our team achieved a strong 4th place out of 9 high school teams, with an impressive total score of 3206/3600.

A special congratulations to David Knoetze, who shot a brilliant perfect score of 50 – an outstanding achievement!



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**FERDIES HET HUL STAAL BY BUFFELSPOORT GEWYS!
FERDIES SHOWS THEIR STRENGTH AT BUFFELSPOORT!**



TROPSAKE / PACK MATTERS



Inspirasie wat drome aan die brand steek!

Ferdies wil ons opregte dank aan Jason en sy span van maak my 'n miljoenêr uitspreek! Hulle het ons jong entrepreneurs kom inspireer om groot te droom en hul besighede doelgerig te laat groei. Julle energie, kennis en passie het ons leerders gemotiveer om vandag reeds te begin bou aan iets wat eendag werklik besonders kan wees!

By Ferdies glo ons dat groot idees klein begin — en vandag se entrepreneurs kan môre se suksesverhale wees!

Inspiration that ignites dreams!

Ferdies would like to express our sincere gratitude to Jason and his team from maak my 'n miljoenêr for inspiring our young entrepreneurs to dream big and grow their businesses with purpose. Your energy, knowledge, and passion motivated our learners to start building today towards something truly special in the future!

At Ferdies we believe that great ideas start small — and today's entrepreneurs can become tomorrow's success stories!



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ACNW

**MAAK FERDIES TROTS!
MAKE FERDIES PROUD!**

ACNW KAMPIOENSKAPPE ACNW CHAMPIONSHIPS

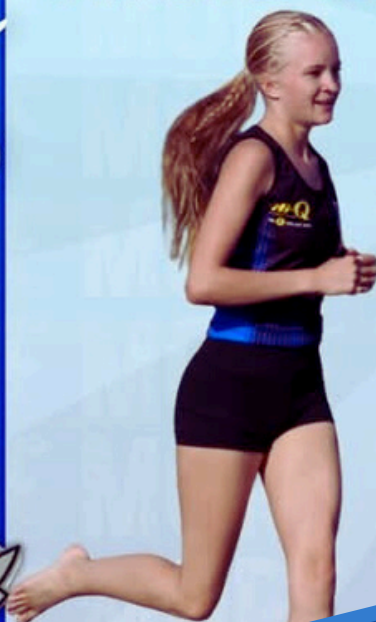
ATLETIEK / ATHLETICS

Annie van der Merwe

Chanté Hook

Roland Lubinda

Tirelo Mggamqo



Chanté



TROPSAKE / PACK MATTERS



FERDIES BOOGSKIET / ARCHERY

Ferdies-boogskiet daag Hoërskool Bergsig uit om deel van die Aim True-gemeenskapsprojek te word.
AGA North West

Ferdies Archery challenges Hoërskool Bergsig to take part in the Aim True Community Care Challenge.

AIM TRUE!

COMMUNITY CARE CHALLENGE

WE COMMIT TO SPONSOR 300 TINS OF FOOD TO FAMS

FERDIES CHALLENGE

BERGSIG

TO SPONSOR 150 ITEMS OF DRY PRODUCTS

TO LIGKASTEEL RUSTENBURG

Ligkasteel

Monal Super Mabela

Tastic

Iwisa No. 1 Super Meal

Selati Golden Brown Sugar

TROPSAKE / PACK MATTERS



FERDIES MIK HOOG BY VOLKIES SE BOOGSKIETKOMPETISIE!

Ferdies se boogskietspan het die naweek aan Volkies se boogskietkompetisie deelgeneem en uitstekende resultate behaal!

Ons span het 'n algehele 2de plek behaal en deel die eerste plek met Hoërskool Rustenburg. Ons is op grond van die aantal 10's wat geskiet is, tweede gelys.

Individuele prestasies

Gerhard Maritz – 1ste plek onder die hoërskoolseunskuts, met 'n indrukwekkende 3 x 50-tellings!

Suzanne van der Merwe – 3de plek onder die hoërskoolmeisieskuts.

Divan van der Walt en David Knoetze het ook perfekte 50-tellings geskiet!

Baie geluk aan al ons skuts met hierdie wonderlike prestasie. Ferdies is ongelooflik trots op julle fokus, deursettingsvermoë en spanwerk!



TROPSAKE / PACK MATTERS



FERDIES AIM HIGH AT THE VOLKIES ARCHERY COMPETITION!

Ferdies' archery team competed in the Volkies Archery Competition this weekend and delivered outstanding results! Our team achieved an overall 2nd place, finishing tied for 1st with Hoërskool Rustenburg, but placed second based on the number of 10s shot.

Individual Achievements

Gerhard Maritz – 1st place among high school boys archers, with an impressive 3 x perfect 50 scores!

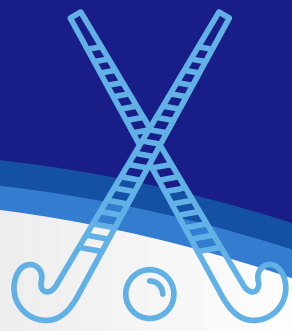
Suzanne van der Merwe – 3rd place among high school girls archers.

Divan van der Walt and David Knoetze also shot perfect 50 scores!

Congratulations to all our archers on this fantastic achievement. Ferdies is incredibly proud of your focus, perseverance, and teamwork!



TROPSAKE / PACK MATTERS



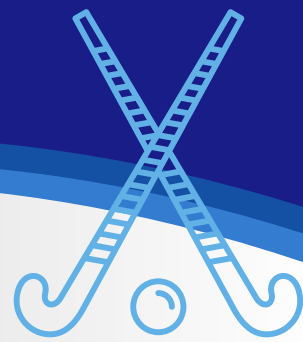
EER VIR ONS 1STE HOKKIESPANNE

Ferdies het tydens die hokkie-capping 'n besonder trotse en betekenisvolle oomblik beleef waar ons 1ste span seuns en meisies vereër is vir hul harde werk, toewyding en leierskap op en van die veld. Hierdie spelers stel 'n inspirerende voorbeeld vir elke jong hokkiespeler by Ferdies. Die passie, dissipline en spanwerk wat hulle ervaar, weerspieël die ware gees van Ferdies-hokkie.

Ons wens julle 'n seisoen vol sukses, vasberadenheid en onvergeetlike oomblikke toe. 'n Spesiale dank aan Dr. Pieter van den Berg wat 'n inspirerende motiveringsboodskap met die spelers gedeel het ter voorbereiding vir die seisoen wat voorlê.



TROPSAKE / PACK MATTERS



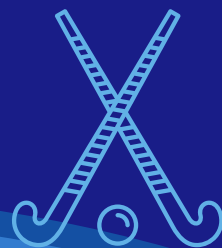
HONOURING OUR FIRST HOCKEY TEAMS

Ferdies experienced a truly proud and meaningful moment during the hockey capping ceremony as our boys' and girls' first teams were honoured for their hard work, dedication, and leadership on and off the field. These players set an inspiring example for every young hockey player at Ferdies. The passion, discipline, and teamwork they display reflect the true spirit of Ferdies hockey.

We wish you a season filled with success, determination, and unforgettable moments. A special thank you to Dr Pieter van den Berg for sharing an inspiring motivational message with the players as they prepare for the season ahead.



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TROPSAKE / PACK MATTERS



PI-DAG PRET BY FERDIES!

Ferdies se Pi-dag was 'n reusesukses! Die dag was met lag en lekker kompetisie gevul! Van onnies wat dapper gesit het om "gepi" te word, tot die pie-eetkompetisie en die uitdaging om soveel moontlik syfers van Pi op te noem! Die gees was ongelooflik!

Baie dankie aan die Fundi-komitee wat met hul puik reëlins hierdie dag in 'n groot sukses omskep het!



TROPSAKE / PACK MATTERS



PI DAY FUN AT FERDIES!

Ferdies' Pi Day was a huge success filled with laughter and exciting competition! From teachers bravely stepping up to get pied, to the pie-eating contest and the challenge of reciting as many digits of Pie as possible. The spirit was incredible!

A big thank you to the Fundi Committee for their excellent planning and for turning a small idea into a big success!



TROPSAKE / PACK MATTERS



FERDIES SE ATLETE SKITTER BY ACNW-KAMPIOENSKAPPE!

Ferdies is ongelooflik trots op ons drie atlete met hul uitstaande prestasies by die ACNW Youth Junior & U/23 Championships die afgelope naweek!

Tirelo Mggamqo – 1ste plek in driesprong en 2de plek in verspring (seuns O/18)

Annie van der Merwe – 3de plek in die 3000m (dogters O/18)

Chanté Hook – 3de plek in diskus (dogters O/16)

Baie geluk! Dit is puik prestasies! Julle harde werk en toewyding dra werklik vrugte. Ferdies is trots op julle!



FERDIES ATHLETES SHINE AT THE ACNW CHAMPIONSHIPS!

Ferdies is incredibly proud of our three athletes who delivered outstanding performances at the ACNW Youth, Junior & U/23 Championships this past weekend!

Tirelo Mggamqo – 1st place in Triple Jump and 2nd place in Long Jump (Boys U/18)

Annie van der Merwe – 3rd place in the 3000m (Girls U/18)

Chanté Hook – 3rd place in Discus (Girls U/16)

Congratulations on these fantastic achievements! Your hard work and dedication are truly paying off. Ferdies is proud of you!

TROPSAKE / PACK MATTERS



FERDIES-SWEMMERS VIR DIE SSA-NASIONALE JEUGKAMPIOENSKAPPE GEKIES!

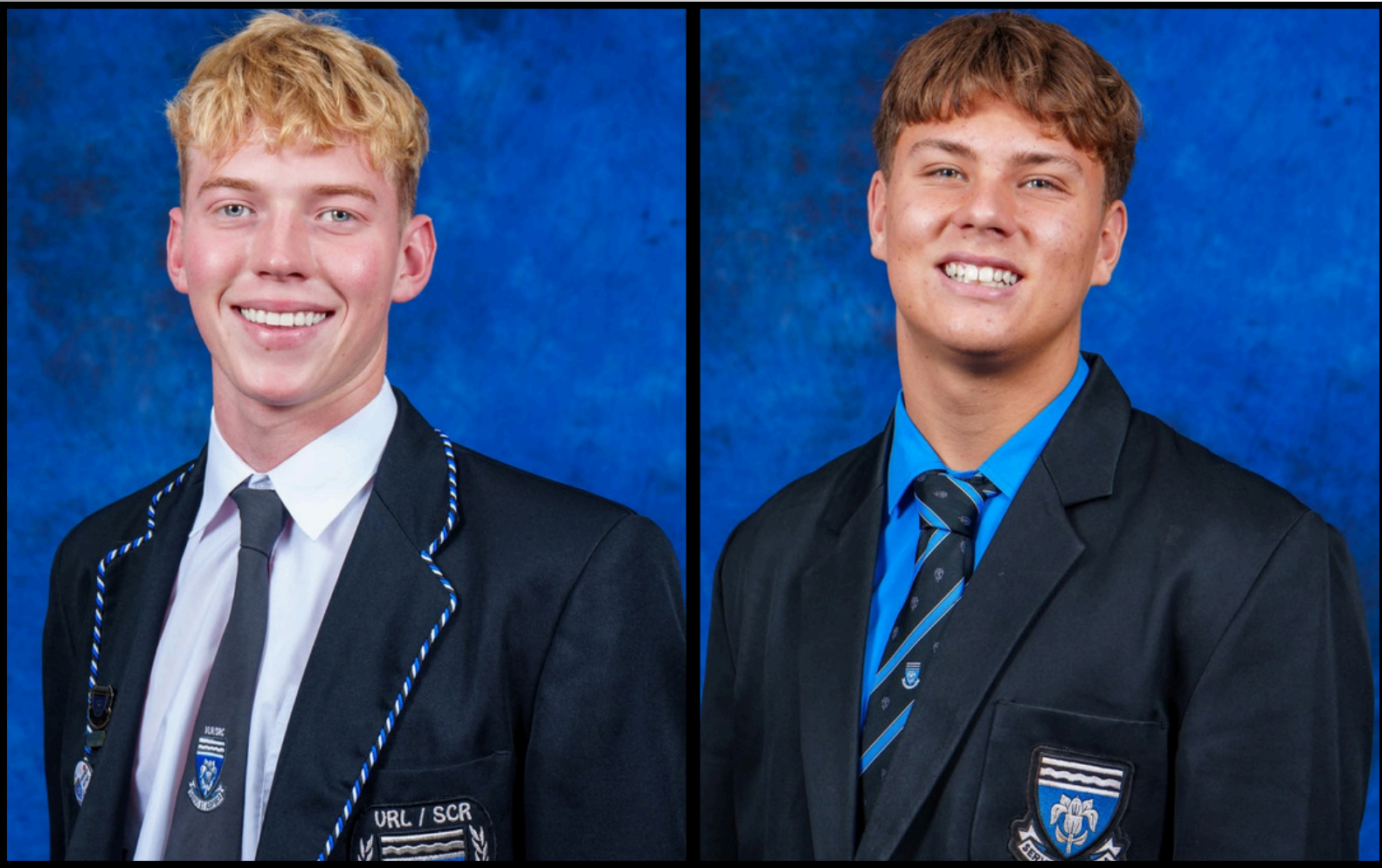
Hoërskool Ferdinand Postma is ongelooflik trots op Cameron Calder en Nieki Erasmus wat gekies is om aan die SSA-Nasionale Jeugkampioenskappe in Gqeberha van 18–20 Maart deel te neem. Hierdie gesogte byeenkoms is een van die hoogtepunte op die nasionale swemkalender en bring van die beste jong swemmers van regoor die land bymekaar.

Ferdies wens Cameron en Nieki alle sterkte toe, terwyl hulle ons skool op die nasionale verhoog verteenwoordig. Ons is ongelooflik trots op julle!

FERDIES SWIMMERS SELECTED FOR SSA NATIONAL YOUTH CHAMPIONSHIPS!

Ferdinand Postma High School is incredibly proud of Cameron Calder and Nieki Erasmus, who have been selected to compete at the SSA National Youth Championships in Gqeberha from 18–20 March. This prestigious event is one of the highlights on the national swimming calendar and brings together some of the top young swimmers from across the country.

Ferdies wishes Cameron and Nieki the very best as they represent our school on the national stage. We are proud of you!



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FERDIES DANCERS IMPRESS AT THE SADSA CHESTNUT DANCE FESTIVAL!

Congratulations to Elrise Pretorius and Shantey van Zyl on their outstanding results at the SADSA Chestnut Dance Festival!

Elrise Pretorius

2nd place – New Style
2nd place – Modern Classic
2nd place – Solo Latin

Shantey van Zyl

3rd place – New Style
3rd place – Modern Classic
4th place – Solo Latin American

Ferdies is incredibly proud of your achievements!

FERDIE-DANSERS BEÏNDRUK BY SADSA CHESTNUT DANCE FESTIVAL!

Baie geluk aan Elrise Pretorius en Shantey van Zyl wat uitstekende uitslae by die SADSA Chestnut Dance Festival ontvang het!

Elrise Pretorius

2de plek – New Style
2de plek – Modern Classic
2de plek – Solo Latin

Shantey van Zyl

3de plek – New Style
3de plek – Modern Classic
4de plek – Solo Latin American

Ferdies is ongelooflik trots op julle prestasies!

★ Love!
★ to
★ Dance
★ ★ ★



TROPSAKE / PACK MATTERS



FERDIES-HENGELAAR BEHAAL SENIOR GAUTENG-KLEURE!

Hoërskool Ferdinand Postma is ongelooflik trots op Reuben Bester met sy uitstaande prestasie!

Na uitsonderlike vertonings oor die afgelope twee Gauteng Small Craft League-seisoene, het Reuben gekwalifiseer om aan die Gauteng Small Craft Angling-span by die komende Nasionale Small Craft-kampioenskappe deel te neem.

Die kampioenskap vir die tophengelaars vind 24-26 September by Maanlig-oord by die Witbankdam plaas.

Baie geluk, Reuben! Ferdies is trots op jou en sien uit na jou verdere sukses.



FERDIES ANGLER ACHIEVES GAUTENG COULERS!

Ferdinand Postma High School is incredibly proud of Reuben Bester on his outstanding achievement!

After delivering exceptional performances over the past two Gauteng Small Craft League seasons, Reuben has earned selection to represent the Gauteng Small Craft Angling Team at the upcoming National Small Craft Championships.

The championship, featuring 60 of South Africa's top anglers, will take place at Maanlig Resort, Witbank Dam, from 24–27 September.

Well done, Reuben! Ferdies is proud of you and looks forward to your continued success.

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RONDEKOP
Safaris

Alle opbrengste
gaan vir die
ONTWIKKELING van
Ferdinand Postma
Hoërskool se
BOOGSKIETSPAN

Wen'n luukse

NAWEEK vir jou gesin en vriende ter waarde van

R31 830!

- 6 Paartjies met kinders
- **MAKSIMUM 28** mense



Die **GELUKKIGE TREKKING** vind plaas op Saterdag, **1 AUG 2026** tydens die **Noordwes-kampioenskappe** (plek sal bevestig word)



R100 per kaartjie



Onbeperkte aantal inskrywings p/persoon



Kompetisie oop vir enige iemand



Inskrywings sluit om 16:00nm op Vrydag, 31 Julie 2026

FNB

Rek. Nr: 6278 1277 093

Takkode: 240 438

Dien bewys van betaling in op die
Google vorm-skakel om inskrywing te bevestig.

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All proceeds will go
to the **DEVELOPMENT**
of the Ferdinand Postma
High School's
ARCHERY TEAM

Win a luxury
WEEK-END for the family worth

R31 830!

- 6 Couples
with children
- MAX 28
people



The **LUCKY DRAW** will take place on Saturday, 1 AUG 2026
during the **North West Championship** (place to be confirmed)



R100 per ticket



Unlimited amount of entries per person



Competition open to anyone



**Entries close at 16:00pm on Friday,
31 July 2026**

FNB

Account Nr.: 6278 1277 093

Branch Code: 240 438

Submit proof of payment on the
Google Forms link to confirm entry.

WOLWEDEN



MARTIAL ARTS

JKA Shotokan karate classes not only teaches self-defense and anti-bully behavior but also develops character, sincerity, etiquette, self-control and effort. All ages and levels welcome!



CONTACT US

082-668-6611

almarodevilliers@gmail.com

WOLWEDEN



Liewe Ferdies Ouers, Studente en Vriende,
Pick n Pay Vanderhoff Park is trots om die Ferdies-lojaliteitsprogram aan u voor te stel!

Plaas asseblief u kasregisterstroke vir alle aankope wat by u Vanderhoff Park-winkel gedoen is in die posbus gemerk met ons skool se logo. Deur dit te doen, help u om fondse vir Ferdies in te samel, aangesien Vanderhoff belowe om 2% van alle geld wat bestee is, aan u skool terug te gee in die vorm van 'n kwartaallikse kontantterugbewys. Ferdies kan hierdie bewys dan gebruik om kruideniersware en ander noodsaaklike goedere aan te koop.

Deur by Vanderhoff inkopies te doen, trek u ook voordeel uit PnP se klanteloyaliteitstelsel! Veeg eenvoudig u Smart Shopper-kaart en maak gebruik van PnP se Brand Match-stelsel. Vra asseblief in die winkel vir meer besonderhede. Pick n Pay Vanderhoff Park – Laat ons familie na u familie, skool en gemeenskap omsien.

Dear Ferdies Parents, Students, and Friends,
Pick n Pay Vanderhoff Park is proud to present the Ferdies Loyalty Programme!

Please post your till slips for all shopping done at your Vanderhoff Park store in the postbox marked with our school's logo. By doing so, you can help raise funds for Ferdies, as Vanderhoff pledges to give 2% of all money spent back to your school in the form of a quarterly cashback voucher. Ferdies can then use this voucher to purchase groceries and other essential goods.

By shopping at Vanderhoff, you also benefit from PnP's customer loyalty system! Simply swipe your Smart Shopper card and take advantage of PnP's Brand Match System. Please ask in-store for more details.

Pick n Pay Vanderhoff Park – Let our family look after your family, school, and community.